

## BUILDING RESILIENT LEARNING COMMUNITIES: CONFERENCES 2018

Courageous leadership that promotes resilience is vital for our pupils to thrive and achieve.

These conferences invite school leaders to consider their pivotal role in building and maintaining resilient learning communities. Such communities are the foundation for school improvement, for narrowing the gap, and for promoting the emotional well-being and mental health of all.

# 28 Feb - Reading

Reading University

Students' Union

Whiteknights

Reading

RG6 6UR

£140 per delegate

## Key speakers

### **Mary Myatt**

Education advisor, writer, speaker, author

#### Kate Cairns

Chair of the board, KCA

#### Sue Egersdorff

National leader in Early Years research and practice

#### **Tony Clifford**

Educational advisor, Trustee of the ARC

#### Mike Gorman

Former Headteacher and Virtual School Head, BaNES

Leading a school requires resilience, innovation and courage.

Resilience is at the heart of communities that relish challenge and which grow through adversity rather than firefight



# No significant learning occurs without a significant relationship. "

- Dr James Comer, Yale University School of Medicine's Child Study Center

Building and maintaining individual and community resilience is a relational activity. Within this activity children and young people both develop and regain self-regulation, executive functioning and the capacity to learn. With this knowledge senior leaders can prioritise strategies and develop skills to encourage and facilitate effective connections with and between staff, pupils and the wider community. In so doing, we establish courageous cultures of success and innovation.

Through our key speakers, we will explore:

- how neuroscience can help us to understand the interplay between stress, toxic stress, resilience and the neurophysiology of relationships
- how leaders can develop resilient cultures which thrive on, rather than cope with, challenge
- examples of practice where resilient cultures have met targets through developing relationships
- what can be learned from businesses that have achieved success with an ethos based upon effective and empathic interpersonal relationships



 how difficult conversations are necessary and can support emotional mental health and well-being

"Having someone who they felt genuinely cared about them was very important... Young people needed to feel that they would not be let down – which had been their past experience – and that their life mattered. It needed to matter to others before it could matter to them."

- Berridge et al, 2015, The Educational Progress of Looked After Children in England



Our mission is to improve the lives of vulnerable people by changing the practice of those who work with them. All human beings are both vulnerable and resilient. We work to promote

resilience in the individuals and networks supporting the most vulnerable people in our society, so that they in turn can promote the resilience of those with whom they work.

If you would like to discuss how we can work with you to meet your training needs, please get in touch

